Module Code: CCP
NQF level: 6
Credit Value: 15
Study duration: 9 weeks

Clinical and Counselling Psychology

Module description:
This module will introduce students to the principles of psycho and pharmacotherapeutic interventions in the treatment of mental ill-health. Students will examine the problems faced by people experiencing mental ill-health and critically evaluate the interventions which have been designed to increase their mental well-being. Students will be introduced to the scientist-practitioner model and its role in strengthening the fields of clinical and counselling psychology.

This module aims to:
▪ develop students’ understanding of the problems faced by people experiencing mental ill-health;
▪ develop students’ ability to think critically about interventions designed to reduce mental ill-health and increase well-being;
▪ develop students’ differentiate between the role of clinical and counselling psychologists;
▪ develop students’ understanding of the efficacy of interventions that can be improved through the therapeutic alliance

Learning outcomes
On completion of this module, students will be able to:
▪ demonstrate a conceptual understanding of the problems faced by those suffering mental ill-health;
▪ systematically analyse content retrieved from educ-blogs;
▪ critically evaluate current thinking about the role of psycho and pharmacotherapeutic interventions in the treatment of mental ill-health;
▪ systematically evaluate the efficacy of treatment plans from the principles of the assessment.

Syllabus
▪ The scientist practitioner
▪ Counselling and clinical psychology
▪ Local and global issues that impact on health and well-being
▪ The problems faced by people with poor mental health
▪ The core principles of diagnosis
▪ Ethics
▪ The therapeutic alliance
▪ Theories of psychopathology
▪ Psycho and pharmacotherapies

Learning and teaching methods
The pedagogical approach for this module is informed through the principles of collaborative enquiry and constructionism. Collaborative enquiry is supported through our internet-mediated learning platform the aim of which is to develop a learning community that supports dialogue and collaboration between students through online peer discussion and debate to construct a unique learning experience which will enhance their subject understanding through social interactions which empowers them to explain their understandings, receive feedback from tutors and peers.

Teaching will be delivered through the provision of specified reading materials that will be provided on the UoEO Learning Platform, and will be supported by specified discussion forums, pre-recorded lecturecasts and biweekly online question and answer sessions (using synchronous communication software and application sharing facility). Students will be provided with indicative guidance on, and encouraged to look at relevant websites which are appropriate to the learning outcomes, and to identify and share appropriate web-based resources (as learning support references) with their fellow students. The pre-recorded lecturecasts and the online question and answer sessions will include referenced use of selected case studies which will be drawn from the reading materials and the practice-based and professional/educational contexts and experience of the Tutors. Self-managed learning will supplement lectures and students will be given direction on required and indicative reading.

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<thead>
<tr>
<th>Description of unit of assessment</th>
<th>Length/Duration</th>
<th>Submission Date</th>
<th>Weighting</th>
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<tbody>
<tr>
<td>Collaborative learning question: Post a 500-word response to a tutor posed question. Respond to one of your peer’s posts (300 words per response). Your answers must be evidence based and supported with psychological literature.</td>
<td>800 words</td>
<td>Continuous</td>
<td>30%</td>
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<tr>
<td>Case study</td>
<td>3000 words</td>
<td>End of module</td>
<td>70%</td>
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