Module Code: FELPS
NQF level: 4
Credit Value: 15
Study duration: 9 weeks

**Fundamentals of Effective Learning in Psychology**

This module aims to:
- Assess the academic readiness of new students
- Develop the foundation skills and competencies required to successfully engage in online Higher Education learning
- Deliver the opportunity for students to explore personal opportunities and objectives in their current and future organisational roles through the development of a wide range of skills, behaviours, attributes and competencies.

Students will be encouraged to reflect critically upon such concepts as self-awareness, lifelong learning and developing capability throughout the module.

**Learning outcomes**
On completion of this module, students will be able to:
- Demonstrate the technical and personal requirements of online learning
- Demonstrate competencies in the use of the tools available to online learners
- Possess the ability to reflect on activities and personal development in terms of both process and task
- Identify effective operational techniques in a variety of learning contexts
- Explain the organisational, environmental and societal contexts in which their careers and lives will unfold.
- Possess the ability to cite and reference academic sources using the American Psychological Association (APA) style of referencing.

**Syllabus**
- **Student Online Learning Orientation**
  - Technical & Personal requirements/preparation
  - Learning platform organisation and navigation
  - Communication in eLearning - Synchronous and Asynchronous
  - Using the online library
  - Online assessments
  - Collaborative learning tools – ‘Module Resources’
- **Intrapersonal Development**
  - Self-awareness, lifelong learning and capability
  - Learning styles and personal values
  - Managing stress, uncertainty, transition and time
  - Awareness of the world of work and society
  - Understanding of citizenship
- **Interpersonal Development**
  - Verbal communication, including effective presentations
  - Written communication, including effective report-writing
  - Study skills
  - Apply basic critical reading, writing, and reasoning skills
  - Use a variety of personal management tools and strategies to enhance learning
  - Use problem solving skills to increase academic and professional proficiency

**Learning and teaching methods**
This module will be delivered by learning materials provided on the learning platform supplemented by readings. Tutor support will be available to students via phone, email, and a fortnightly question and answer (Q&A) session. Students will also have access to a mid-module one-to-one.

<table>
<thead>
<tr>
<th>Description of unit of assessment</th>
<th>Length/Duration</th>
<th>Submission Date</th>
<th>Weighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Academic readiness assessment</td>
<td>300-500 words</td>
<td>n/a</td>
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<tr>
<td>Collaborative learning question: Post a 500-word response</td>
<td>1100 words</td>
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<tr>
<td>Essay</td>
<td>2000 words</td>
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