



Module code	FELPS	NQF level	4
Credit value	15	Study duration	9 weeks

Fundamentals of Effective Learning in Psychology

Module description

Students will be encouraged to reflect critically upon such concepts as self-awareness, lifelong learning and developing capability throughout the module.

This module aims to:

- Assess the academic readiness of new students
- Develop the foundation skills and competencies required to successfully engage in online higher education learning
- Deliver the opportunity for students to explore personal opportunities and objectives in their current and future organisational roles through the development of a wide range of skills, behaviours, attributes and competencies

Learning outcomes

On completion of this module, students will be able to:

- demonstrate the technical and personal requirements of online learning
- demonstrate competencies in the use of the tools available to online learners
- possess the ability to reflect on activities and personal development in terms of both process and task
- identify effective operational techniques in a variety of learning contexts
- explain the organisational, environmental and societal contexts in which their careers and lives will unfold
- possess the ability to cite and reference academic sources using the American Psychological Association (APA) style of referencing

Syllabus

- Student online learning orientation
 - Technical and personal requirements/preparation
 - Learning platform organisation and navigation
 - Reflection and personal development
 - Online assessments and tools
 - Introduction to psychology and its applications
 - Citations and referencing using the American Psychological Association (APA) Style
- Intrapersonal development
 - Self-awareness, lifelong learning and capability
 - Learning styles and personal values
 - Managing stress, uncertainty, transition and time
 - Project planning, problem solving and creativity
 - Awareness of the world of work and society
 - Understanding of citizenship
- Interpersonal development
 - Verbal communication, including effective presentations
 - Written communication, including effective report-writing
 - Study skills
 - Apply basic critical reading, writing, and reasoning skills
 - Use a variety of personal management tools and strategies to enhance learning
 - Use problem solving skills to increase academic and professional proficiency

Learning and teaching methods

This module will be delivered by learning materials provided on the learning platform supplemented by readings. Tutor support will be available to students via phone, email, and a fortnightly question and answer (Q&A) session. Students will also have access to a mid-module one-to-one.

Description of unit of assessment	Length/Duration	Submission date	Weighting
Academic readiness assessment	300-500 words	Beginning of Module	Must pass to proceed with course
Collaborative learning question: Post a 500-word response to a tutor posed question. Respond to two of your peer's posts (300 words per response). Your answers must be evidence based and supported with psychological literature.	1,100 words	Continuous	30%
Essay	2,000 words	End of module	70%